

Let's do the DAM work!



1

Make some DAM friends

- Follow our socials (Democratic Activists of Metuchen)
- Off socials? Leave us your contact info
- Share our group with like-minded friends

2

Make some DAM noise

- Pledge a weekly "Power Hour" of action to:
 - Call and email your representatives
 - Join a postcard campaign (see back)

3

Keep the DAM faith

- Maintain your resolve – don't burn out!
- Plan to come to our next DAM event.
- Stay engaged with us: we're in this together.



FEDERAL

Call/email/show up at offices (Pallone, Booker, Kim, etc...)

- *"We are your constituents – what are you doing to protect our rights? We need you to do more. We are watching and counting on you."*



STATE

Call/email/show up at offices (Diegnan, Karabinchak, etc...)

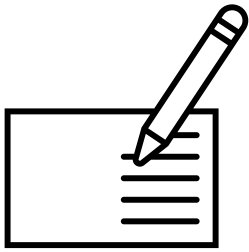
- *"I am a NJ resident – our rights are being threatened and watered down. What are you doing to protect our state?"*



GUBERNATORIAL CANDIDATES

Contact their campaigns

- *"I am a registered Democrat in NJ – as Governor, we are counting on you to protect our state."*



WRITE **LETTER & POSTCARD CAMPAIGNS**

Join active campaigns promoting legislative action, and "Get Out The Vote" drives during election seasons & special elections (ex. Vote Forward, Postcards for America).



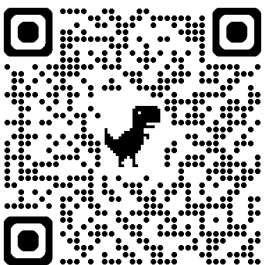
DOWNLOAD **5 CALLS APP**

Spend 5 minutes. Make 5 calls. Make your voice heard.



SUBSCRIBE **CHOP WOOD, CARRY WATER NEWSLETTER**

This weekday newsletter gives you easy, effective political actions to take to stave off despair, effect positive change and elect more true public servants.



FIND **YOUR LOCAL INDIVISIBLE GROUP**

Grassroots movement of thousands of local Indivisible groups with a mission to elect progressive leaders, rebuild our democracy, and defeat the Trump agenda.

Thank you for doing the DAM work!